EFFECT OF YOGIC PRACTICES WITH AND WITHOUT DIET MODIFICATIONS ON SELECTED RISK FACTORS AMONG ADOLESCENT GIRLS SUFFERING WITH DYSMENORRHEA

SYNOPSIS

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(Reg. No: 6620053)

in partial fulfilment of the requirements for the Degree of

DOCTOR OF PHILOSOPHY

FACULTY OF HUMANITIES AND SCIENCE

(YOGA SCIENCES AND THERAPY)

MEENAKSHI ACADEMY OF HIGHER EDUCATION

AND RESEARCH (DEEMED TO BE UNIVERSITY)

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JANUARY 2023